

# DSI

## a case series

Seth Trueger PGY-4  
Resus: Airway  
Senior Night  
May 15, 2012



# DSI?







**It's not about plastic in the trachea  
it's about oxygen in the lungs**

**Richard Levitan**



# Preoxygenation and Prevention of Desaturation During Emergency Airway Management

Scott D. Weingart, MD, Richard M. Levitan, MD

*From the Division of Emergency Critical Care, Department of Emergency Medicine, Mount Sinai School of Medicine, New York, NY (Weingart); and the Department of Emergency Medicine, Thomas Jefferson University Hospital, Philadelphia, PA (Levitan).*

Patients requiring emergency airway management are at great risk of hypoxemic hypoxia because of primary lung pathology, high metabolic demands, anemia, insufficient respiratory drive, and inability to protect their airway against aspiration. Tracheal intubation is often required before the complete information needed to assess the risk of periprocedural hypoxia is acquired, such as an arterial blood gas level, hemoglobin value, or even a chest radiograph. This article reviews preoxygenation and peri-intubation oxygenation techniques to minimize the risk of critical hypoxia and introduces a risk-stratification approach to emergency tracheal intubation. Techniques reviewed include positioning, preoxygenation and denitrogenation, positive end expiratory pressure devices, and passive apneic oxygenation. [Ann Emerg Med. 2012;59:165-175.]

A **podcast** for this article is available at [www.annemergmed.com](http://www.annemergmed.com).

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## INTRODUCTION

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apnea, defined as the time until a patient reaches a saturation level of 88% to 90%, to allow for placement of a definitive airway. When patients desaturate below this level, their status is on the steep portion of the oxyhemoglobin dissociation curve and can decrease to critical levels of oxygen saturation (<70%)

# rapid sequence intubation

*(noun)*

the virtually **simultaneous** administration, **after preoxygenation**, of a potent **sedative** agent and a rapidly acting **neuromuscular blocking agent** to facilitate rapid tracheal intubation **without interposed positive-pressure ventilation**



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**~~positive-pressure ventilation~~**



# rapid sequence intubation

simultaneous

sedative

neuromuscular blocking

~~positive-pressure ventilation~~



# rapid sequence intubation

**simultaneous**

**sedative**

**neuromuscular blocking**

**~~positive-pressure ventilation~~**



rapid sequence intubation

**after preoxygenation**

**simultaneous**

**sedative**

**neuromuscular blocking**

**~~positive-pressure ventilation~~**

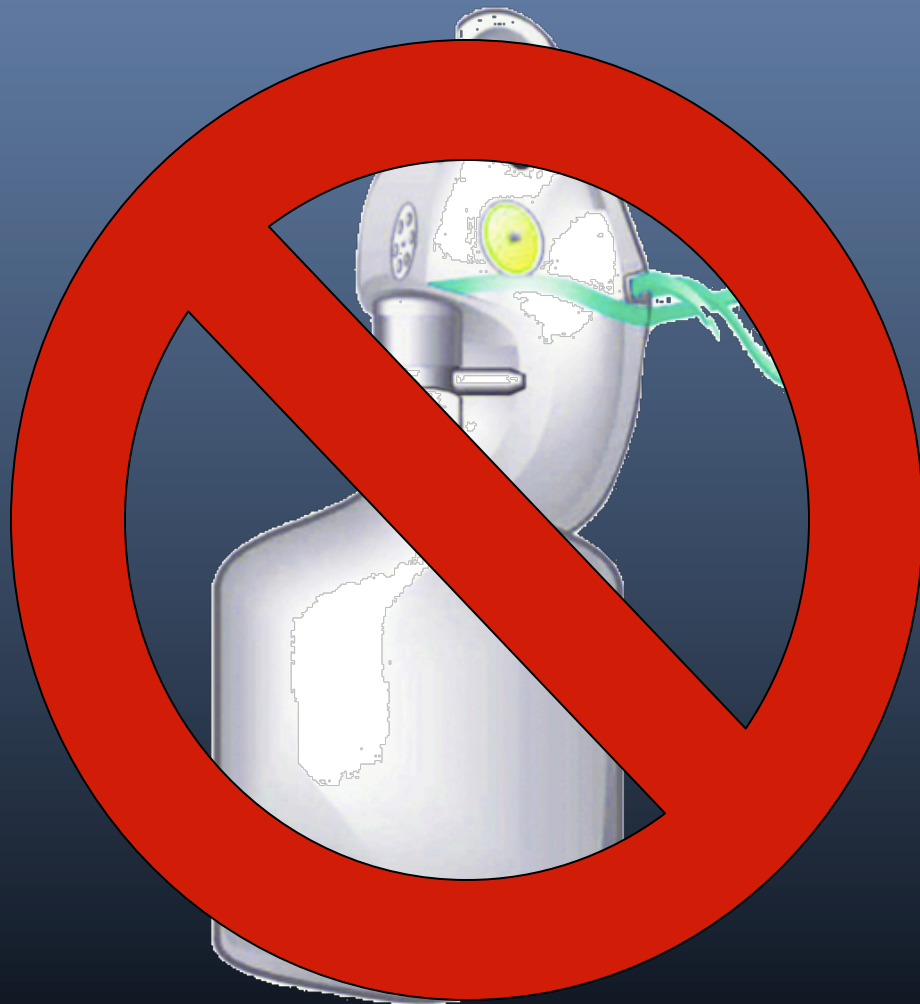


who?



JEDI

I Am One



why?











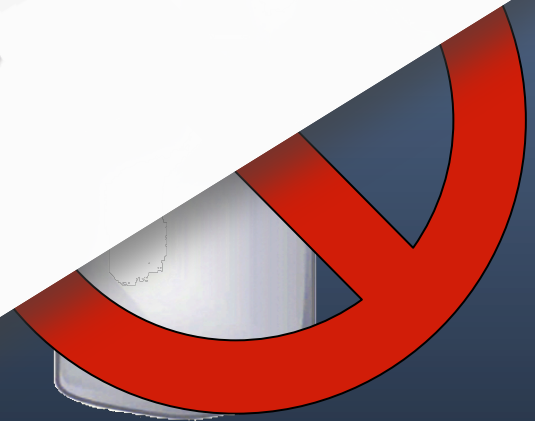






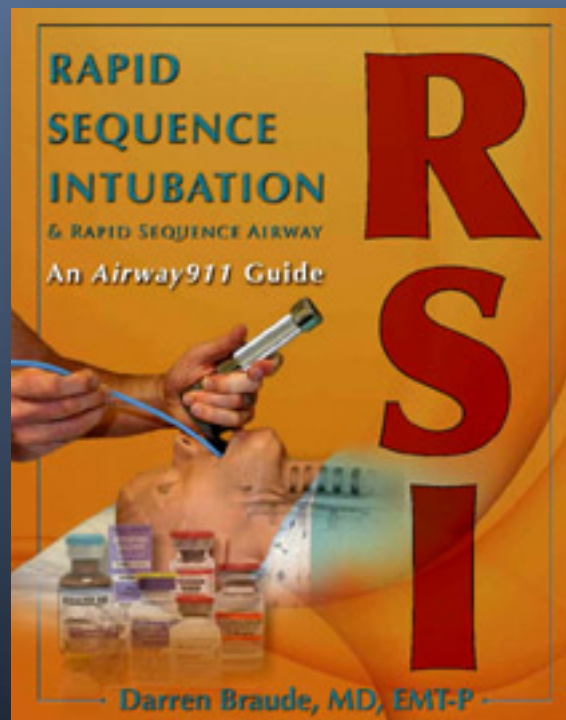


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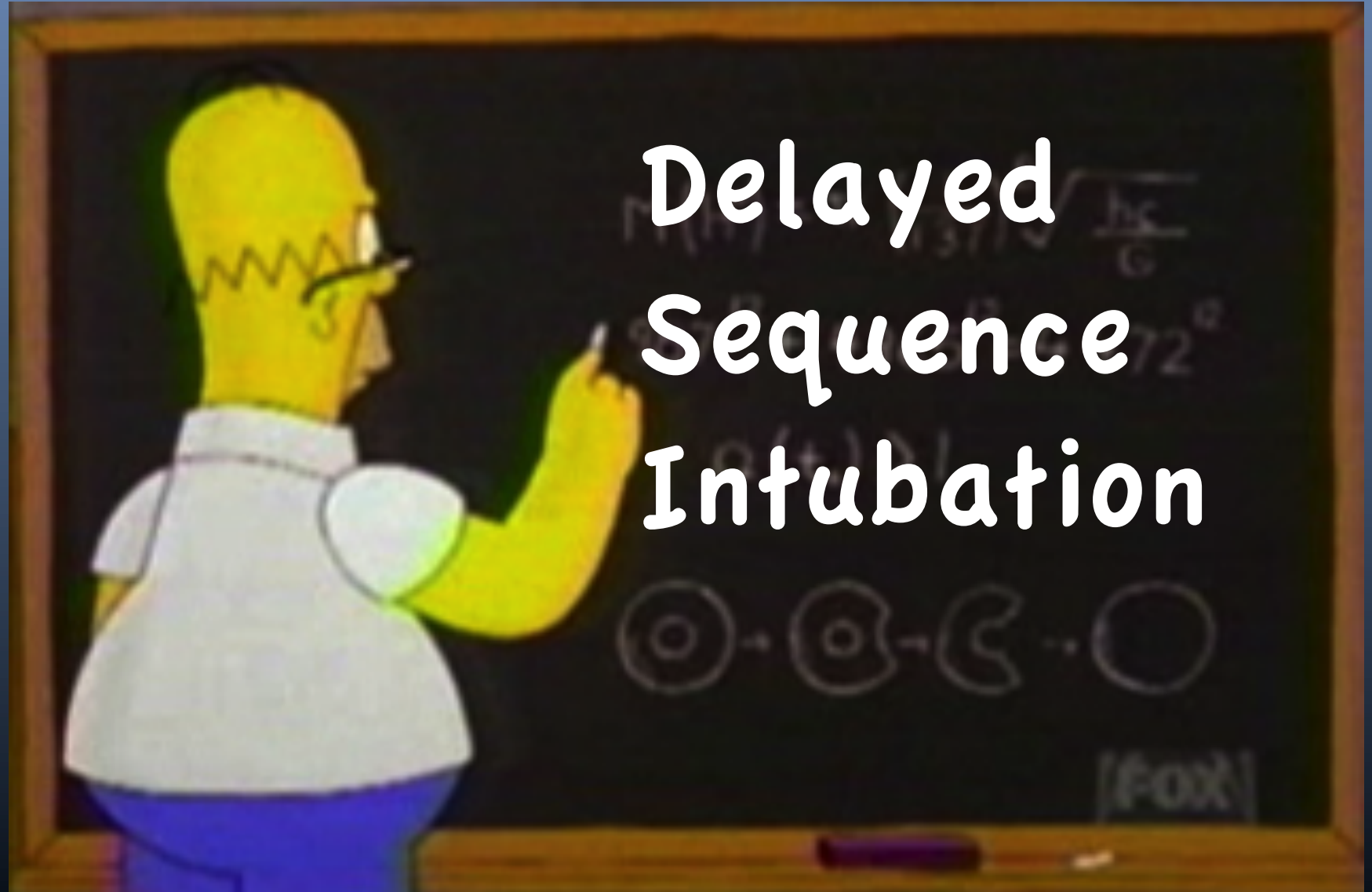
There's got to be a better way!

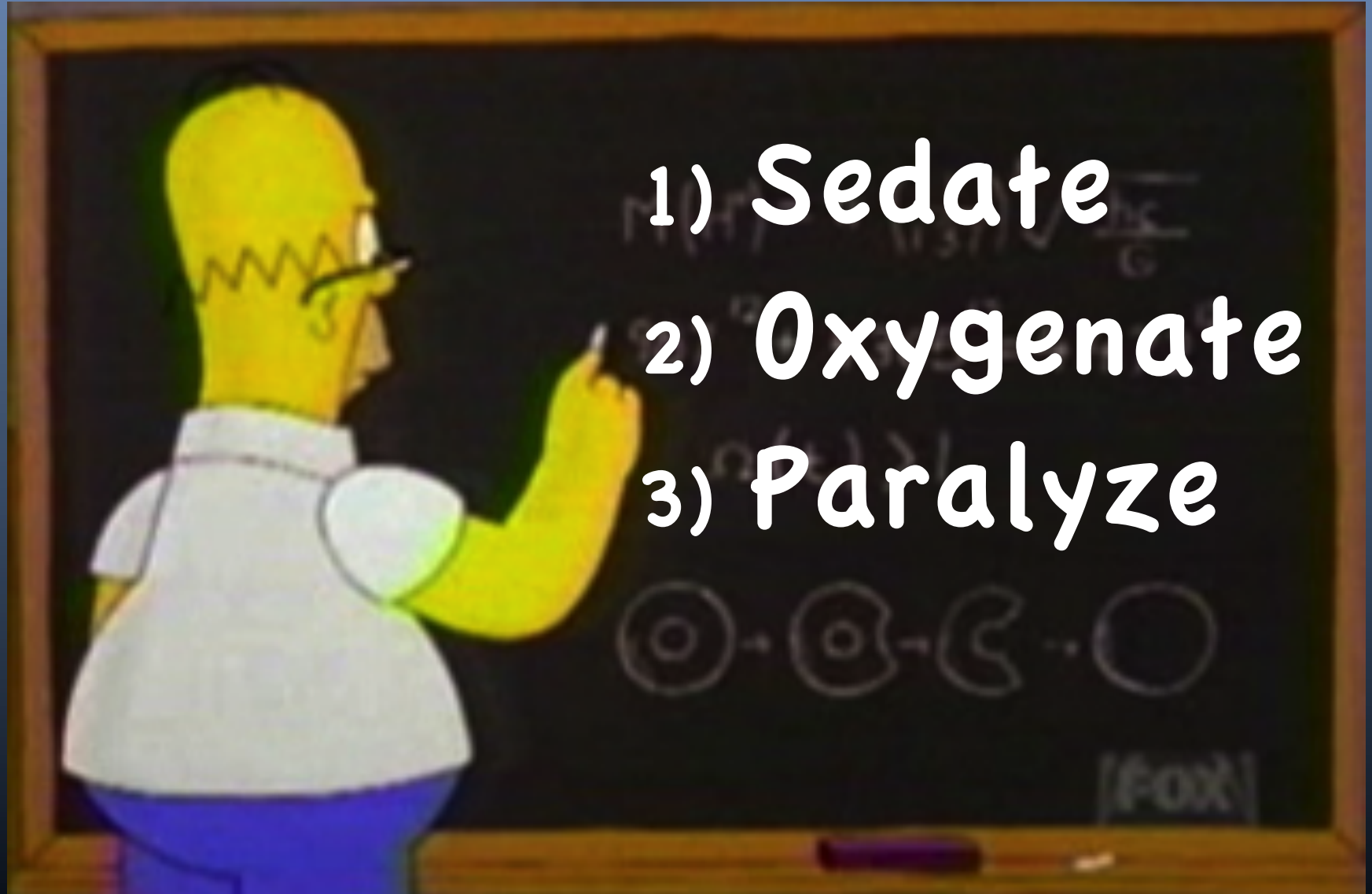




# DSI?

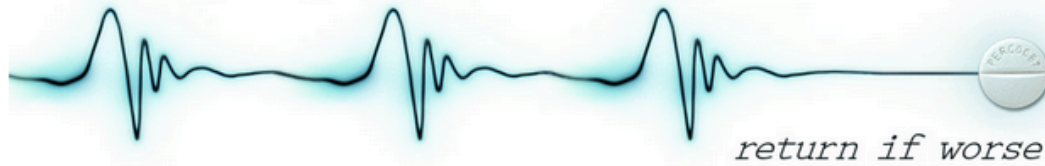








# Emergency Medicine Updates



*return if worse*

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May 8th, 2011

## ED Procedural Sedation and Analgesia Checklist

by reuben in PSA & analgesia

2 Comments

### Emergency Department Procedural Sedation and Analgesia Physician Checklist

[patient label]

#### Pre-Procedure Assessment

Significant impairment

Core, Obstruction, Neck Mobility  
Airing  
Airway, Stiff lungs or c-spine  
or other deformity, Tumor\*

#### Sedation and analgesia?

If the procedure, the more likely the patient  
lives:

Tracheal intubation in ED

Agent	Dose*	Contraindications	Comments
Propofol	0.5-1 mg/kg IV then 0.5 mg/kg q1-2 min pm	Egg or soy allergy	Preferred for shorter procedures and where muscle relaxation is of benefit; avoid if hypotension is a concern
Ketamine	1-2 mg/kg IV over 30-60 sec or 4-6 mg/kg IM, repeat half dose pm	Absolute: age < 3 months, schizophrenia Relative: major posterior airway procedures, history of airway instability, tracheal surgery, or tracheal stenosis, active pulmonary infection or disease, cardiovascular disease, CNS masses, abnormalities, or hydrocephalus	Preferred for longer procedures; avoid if hypertension/tachycardia is a concern; have midazolam available to manage emergence distress; muscle tone is preserved or increased; post procedure emesis may be mitigated by prophylactic ondansetron
Etoricoxib	0.1-0.15 mg/kg IV then 0.05 mg/kg q2-3 min pm		Intra procedure myoclonus or hyperreflexia, as well as post procedure emesis, are common
Fentanyl	1-2 mcg		
Midazolam	0.05-0.1 mg/kg		
Pentobarbital	1-2 mg/kg		
Reversed Agent	0.5 mg/kg		
Naloxone	0.05 mg/kg		
Flumazenil	0.05 mg/kg		

\*All doses should be given over 30-60 sec

#### Post-procedure

- ☐ Adverse events
- ☐ Interventions
- ☐ Adequacy of procedure
- ☐ MD or RN available
- ☐ Telemetry, ECG
- ☐ If reversal agent
- ☐ Mental status

Fasting Guidelines



**delirious**  
**can't preoxygenate**

**delirious**  
**can't preoxygenate**

**procedural sedation**  
**for**  
**preoxygenation**

**ketamine**  
**ketofol**  
**dexmedetomidine**



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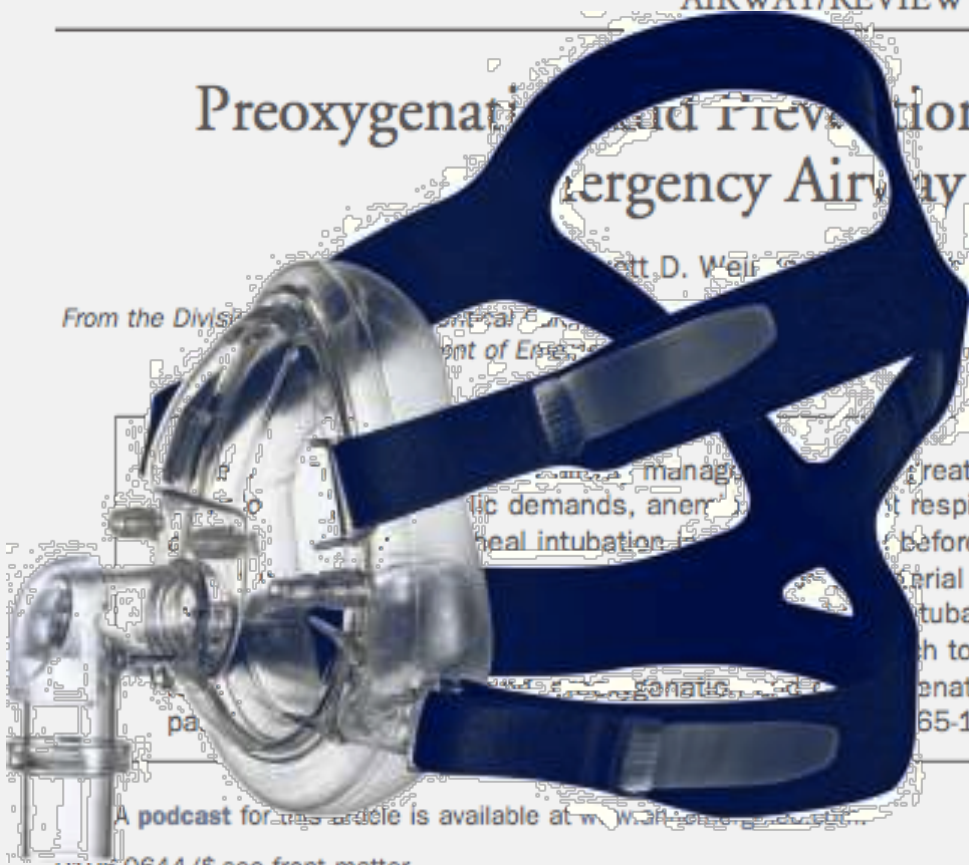
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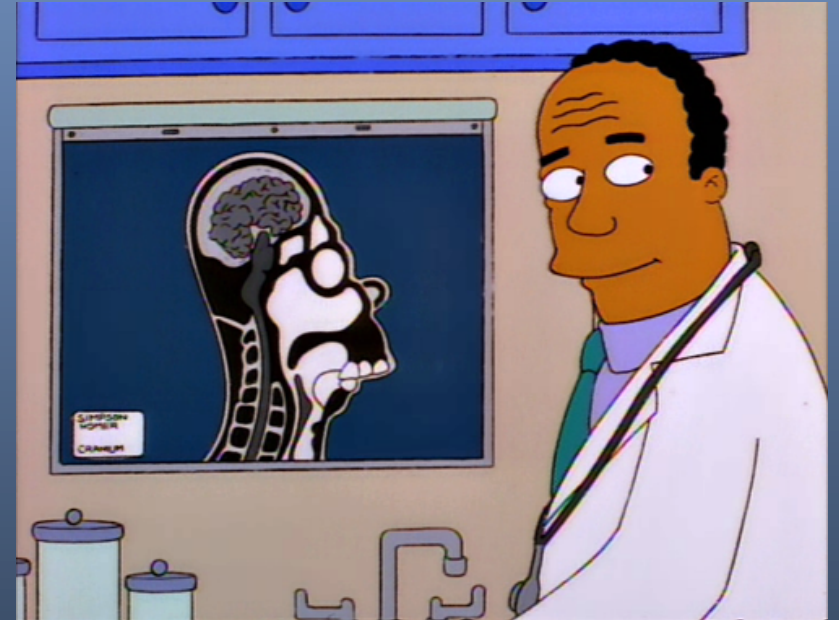
Maintaining hemoglobin saturation during transport is critical to patient safety. Desaturation to  $\leq 90\%$  is associated with increased risk for dysrhythmia, hemodynamic decompensation, hypoxic brain injury, and death.<sup>1,2</sup> The challenge for emergency physicians

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what?





**case series**

**retrospective**

**known DSI**

**MSSM EHC OSH**

**chart audits**

**19 Total**

**7 EHC**

**1 MSSM**

**11 OSH**

# **PMH**

**4 COPD**

**3 asthma**

**2 CHF**

**2 CAD**

**2 dwarf**

**1 kidney**

**1 liver**

# **acute**

**8 pneumonia**

**4 COPD**

**3 asthma**

**3 APE**

**1 anaphylaxis**

**1 UGIB**

**1 stroke**

## **indication**

**15 hypoxia**

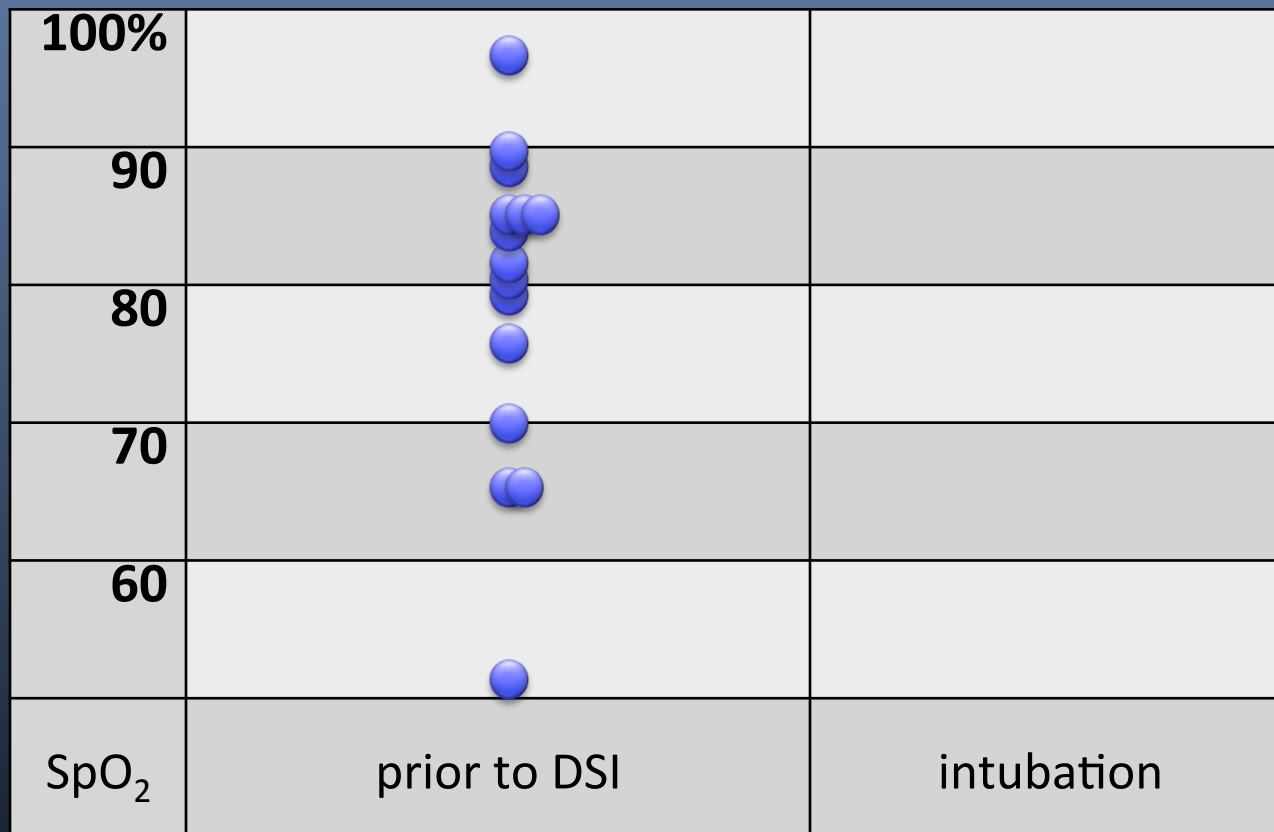
**3 respiratory distress**

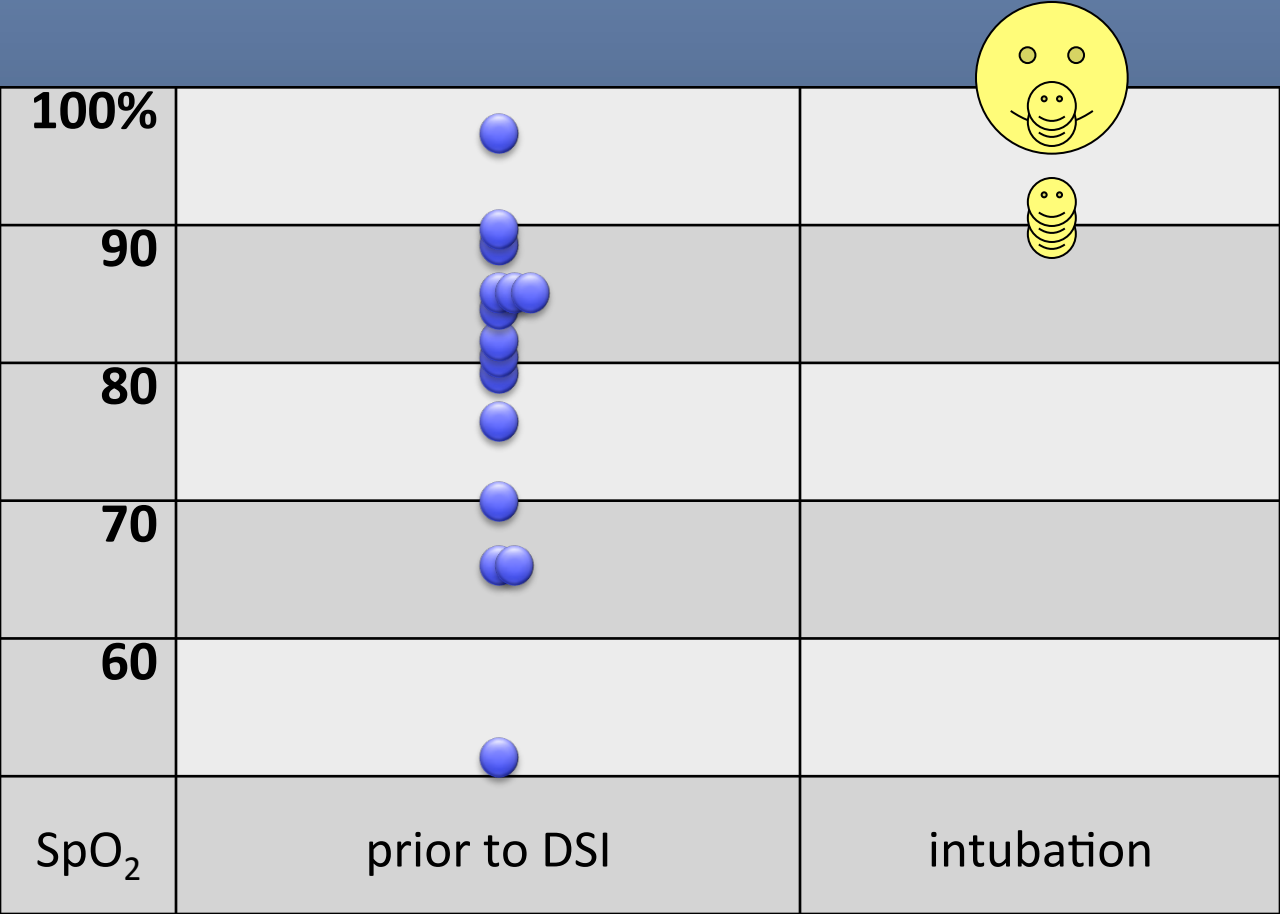
**1 NGT for UGIB**

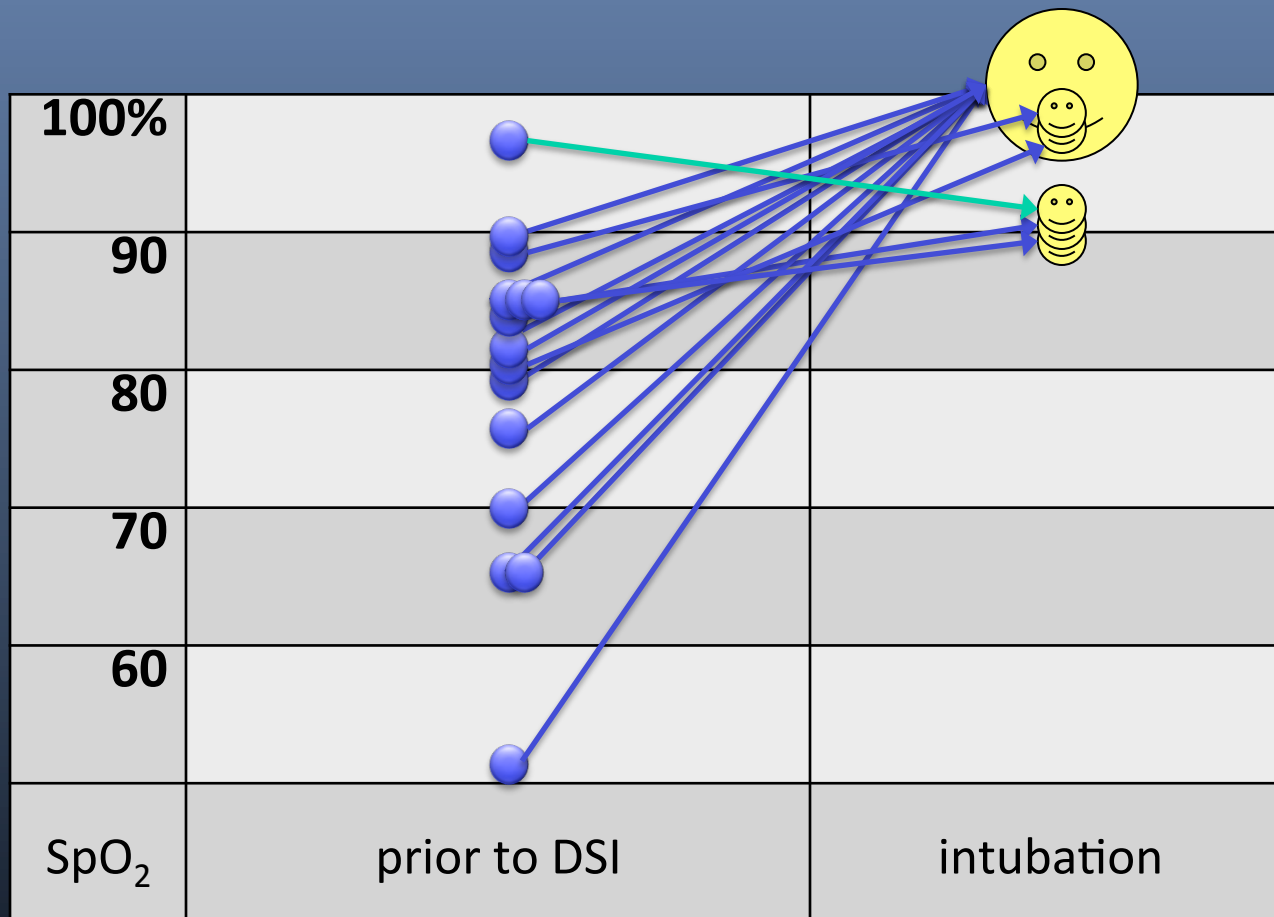


how?









# **ultimate outcomes**

**5 DC home**

**1 SNF**

**2 died in ICU**



# **ultimate outcomes**

**2 avoided tube**

**0 vomited**

**Scott Weingart**  
**Joe Scofi**  
**Kelly Barsan**

Thank you

**Scott Weingart** EHC

**Xun Xhong** NUMC

**Ted Melnick** Yale

**Minh Le Cong** Cairns

**Anton Helman** Toronto

**Rob Bryant** Salt Lake City

**Ian Ferguson** Sydney

**Reuben Strayer** MSSM

Thank you



# THE WORLD

1897

The British Possessions are coloured Red.



**audience questions**

**air hunger**

**methodology**

**small case series**

**no comparison group**

**self report / bias**

**few outcomes reported**

**no long term follow up**

**low prevalence of bad outcomes**



**@MDaware**