

DSI

a case series

Seth Trueger PGY-4
Resus: Airway
Senior Night
May 15, 2012



DSI?





**It's not about plastic in the trachea
it's about oxygen in the lungs**

Richard Levitan



Preoxygenation and Prevention of Desaturation During Emergency Airway Management

Scott D. Weingart, MD, Richard M. Levitan, MD

From the Division of Emergency Critical Care, Department of Emergency Medicine, Mount Sinai School of Medicine, New York, NY (Weingart); and the Department of Emergency Medicine, Thomas Jefferson University Hospital, Philadelphia, PA (Levitan).

Patients requiring emergency airway management are at great risk of hypoxic hypoxia because of primary lung pathology, high metabolic demands, anemia, insufficient respiratory drive, and inability to protect their airway against aspiration. Tracheal intubation is often required before the complete information needed to assess the risk of perioperative hypoxia is acquired, such as an arterial blood gas level, hemoglobin value, or even a chest radiograph. This article reviews preoxygenation and peri-intubation oxygenation techniques to minimize the risk of critical hypoxia and introduces a risk-stratification approach to emergency tracheal intubation. Techniques reviewed include positioning, preoxygenation and denitrogenation, positive end expiratory pressure devices, and passive apneic oxygenation. [Ann Emerg Med. 2012;59:165-175.]

A podcast for this article is available at www.annemergmed.com.

0196-0644/\$-see front matter

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doi:10.1016/j.annemergmed.2011.10.002

INTRODUCTION

Maintaining hemoglobin saturation during airway management is critical to patient safety. Desaturation to below 70% puts patients at risk for dysrhythmia, hemodynamic decompensation, hypoxic brain injury, and death.^{1,2} The challenge for emergency physicians

apnea, defined as the time until a patient reaches a saturation level of 88% to 90%, to allow for placement of a definitive airway. When patients desaturate below this level, their status is on the steep portion of the oxyhemoglobin dissociation curve and can decrease to critical levels of oxygen saturation (<70%)

rapid sequence intubation

(noun)

the virtually **simultaneous** administration, **after preoxygenation**, of a potent **sedative** agent and a rapidly acting **neuromuscular blocking agent** to facilitate rapid tracheal intubation **without interposed positive-pressure ventilation**



rapid sequence intubation

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rapid sequence intubation

simultaneous

sedative

neuromuscular blocking

~~positive-pressure ventilation~~



rapid sequence intubation

simultaneous
sedative

neuromuscular blocking

~~positive-pressure ventilation~~

12

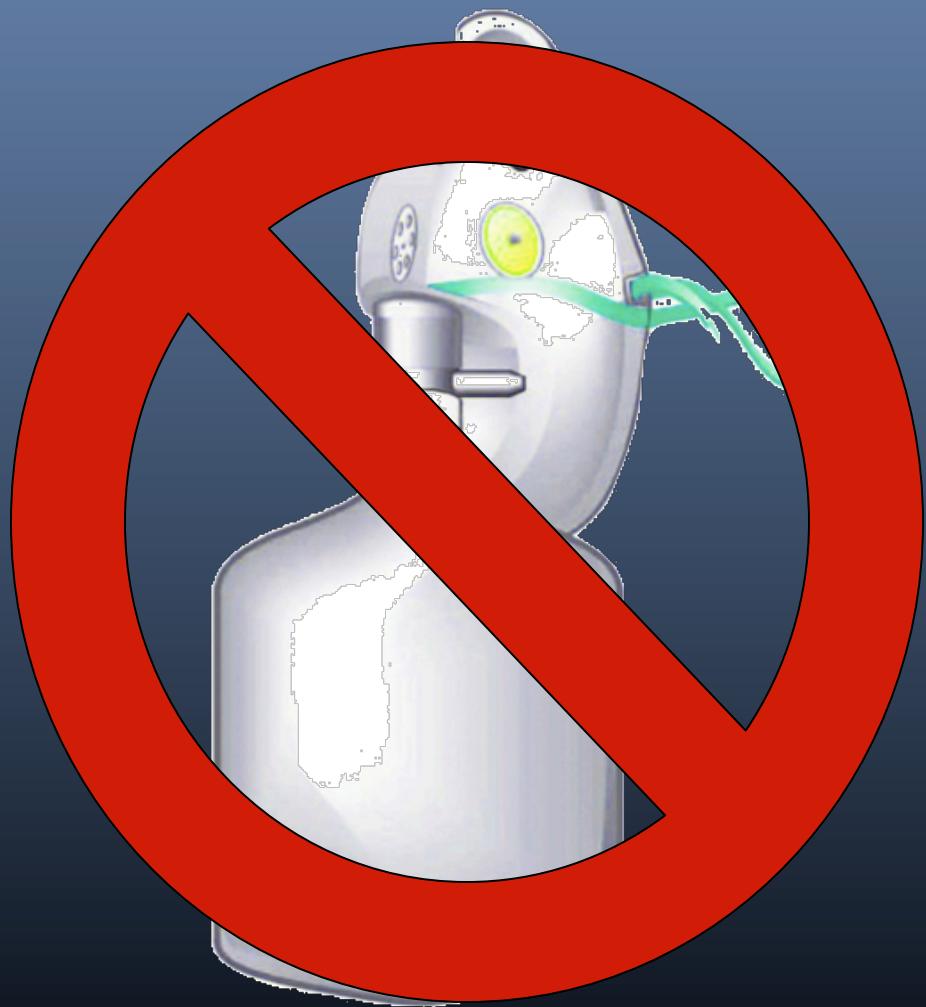
rapid sequence intubation
after preoxygenation
simultaneous
sedative
neuromuscular blocking
~~positive-pressure ventilation~~

Who?



JEDI

I Am One



why?









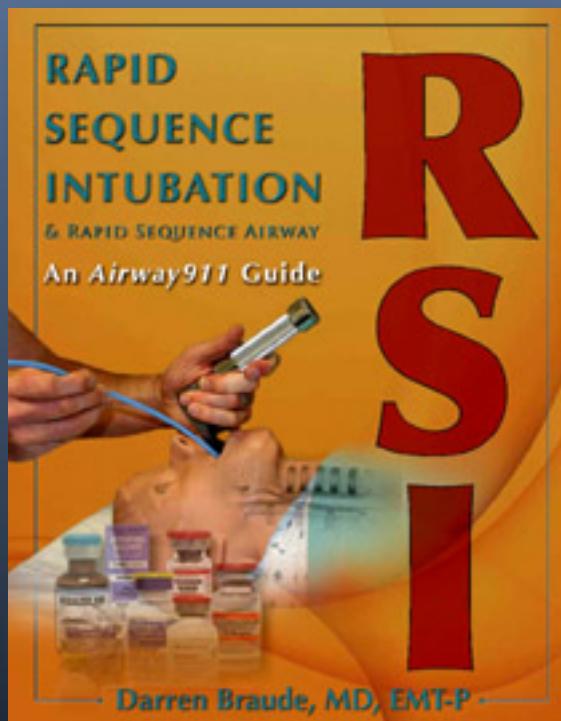


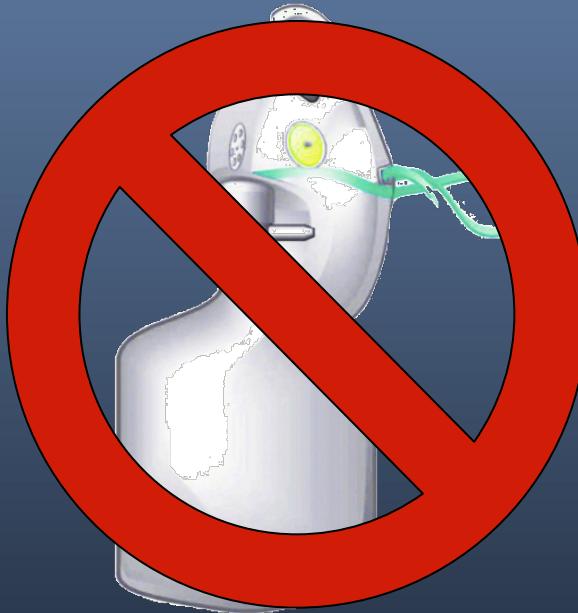
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There's got to be a better way!



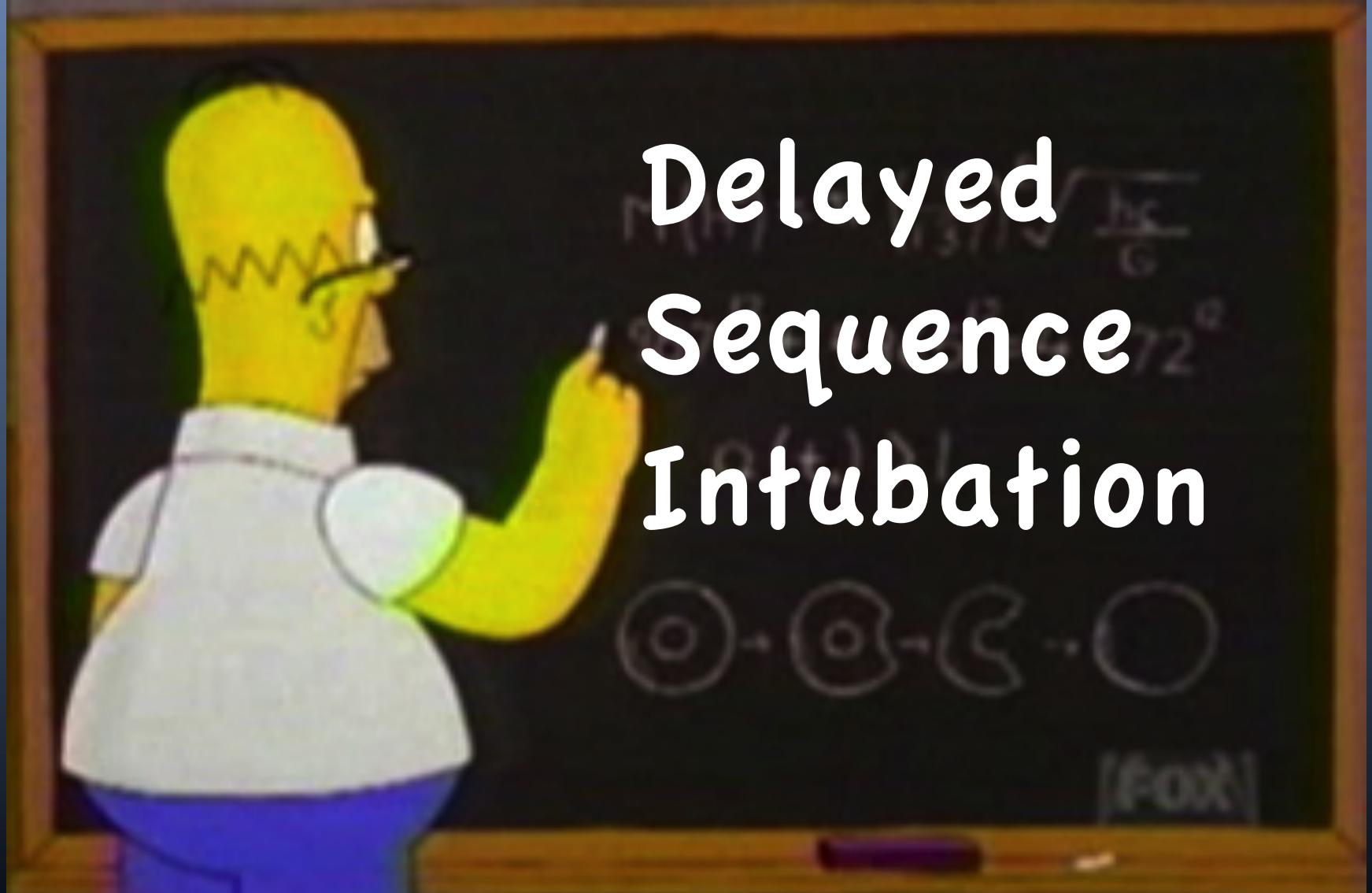


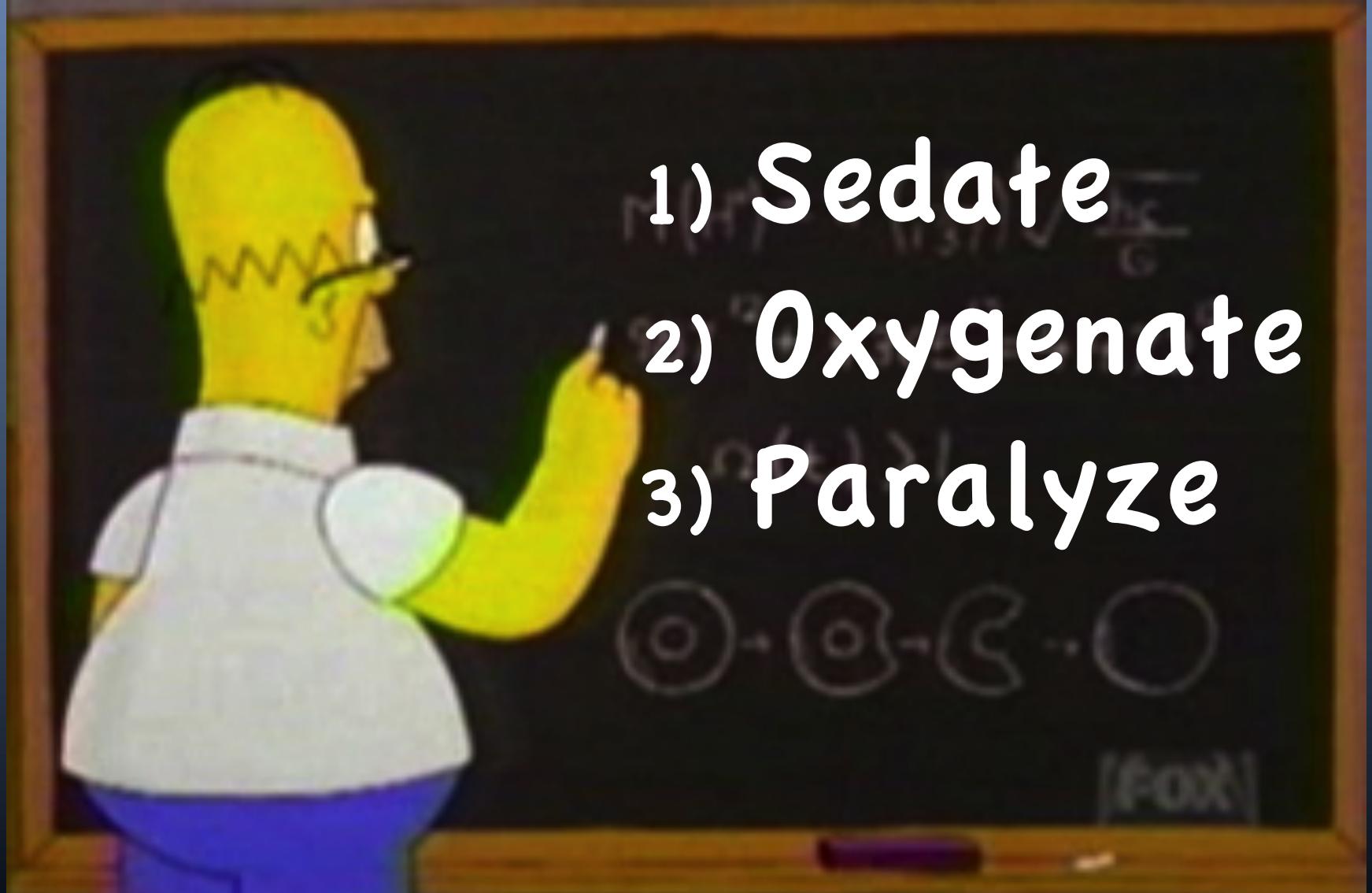


DSI?



Delayed Sequence Intubation





- 1) Sedate
- 2) Oxygenate
- 3) Paralyze

Emergency Medicine Updates



return if worse

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May 8th, 2011

ED Procedural Sedation and Analgesia Checklist

by reuben in PSA & analgesia

2 Comments

Emergency Department Procedural Sedation and Analgesia Physician Checklist

[patient label]

Pre-Procedure Assessment

Significant Impairment
airway, Stiff lungs or c-spine
or other deformity, Tumor*

and analgesia?

If the procedure, the more likely the patient
will need:

Traacheal intubation in ED

Agent	Dose*	Contraindications	Comments
Propofol	0.5-1 mg/kg hc, then 0.5 mg/ kg q1-2 min prn	Egg or soy allergy	Preferred for shorter procedures and where muscle relaxation is of benefit; avoid if hypotension is a concern
Ketamine	1-2 mg/kg IV over 30-60 sec or 4-6 mg/kg IM, repeat half dose prn	Absolute: age < 3 months, schizophrenia Relative: major psychotropic drugs, recent stroke, active pulmonary infection or disease, cardiovascular disease, CNS masses, abnormalities, or hydrocephalus	Preferred for longer procedures; avoid if hypertension/ tachycardia is a concern; have metoclopramide available to reverse extracranial muscle spasm; avoid if blood pressure is increased; post-procedure emesis may be mitigated by prophylactic ondansetron
Etidocaine	0.1-0.15 mg/kg hc, then 0.05 mg/kg q2-3 min prn		Intra-procedure myoclonus or hypertension, as well as post-procedure emesis, are common
Fentanyl	1-2 mcg/kg		
Midazolam	0.05		
Pentobarbital	1 mg/kg		
Reversal Agent	Do not use		
Naloxone	0.05		
Flumazenil	0.05		

*All doses should be titrated to effect.

Post-procedure

- Adverse events
- Intervention
- Adequacy of sedation
- Procedure
- MD or RN availability
- Telemetry, ECG
- If reversal agent available
- Mental status

Fasting Guidelines



**delirious
can't preoxygenate**

delirious
can't preoxygenate

procedural sedation
for
preoxygenation

ketamine
ketofol
dexmedetomidine



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Preoxygenation and Prevention of Desaturation During Emergency Airway Management

From the Divi

Scott D. Weis, MD, and Edward M. Levitan, MD

Icahn School of Medicine, Mount Sinai School of Medicine, and Hospital, Philadelphia

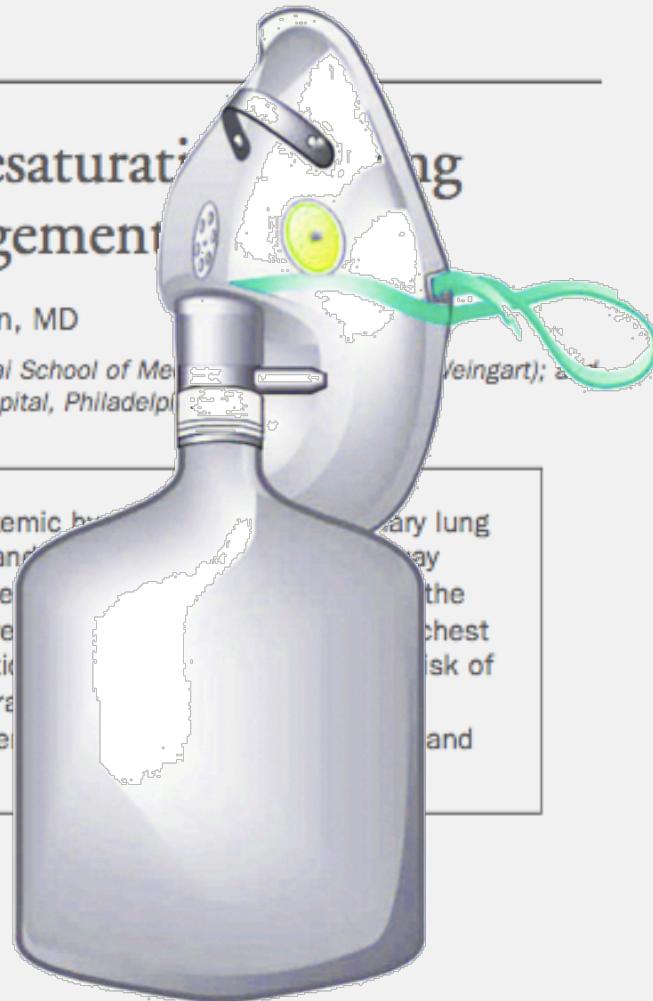
(Veingart); and

management of hypoxemic respiratory failure. The great risk of hypoxic brain damage, the need to maintain respiratory drive, and the need to maintain oxygen delivery to tissues before the complete collapse of the respiratory system make preoxygenation a critical part of emergency airway management. [Ann Emerg Med 2012;59:65-175.]

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0195-5644/\$-see front matter

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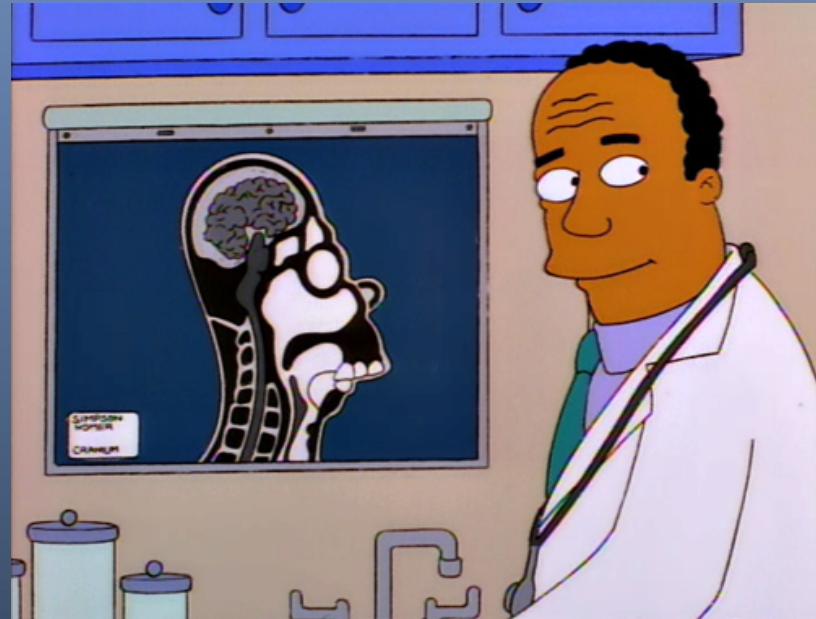
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what?



case series
retrospective

known DSI
MSSM EHC OSH
chart audits

19 Total

7 EHC

1 MSSM

11 OSH

PMH

4 COPD

3 asthma

2 CHF

2 CAD

2 dwarf

1 kidney

1 liver

acute

8 pneumonia

4 COPD

3 asthma

3 APE

1 anaphylaxis

1 UGIB

1 stroke

indication

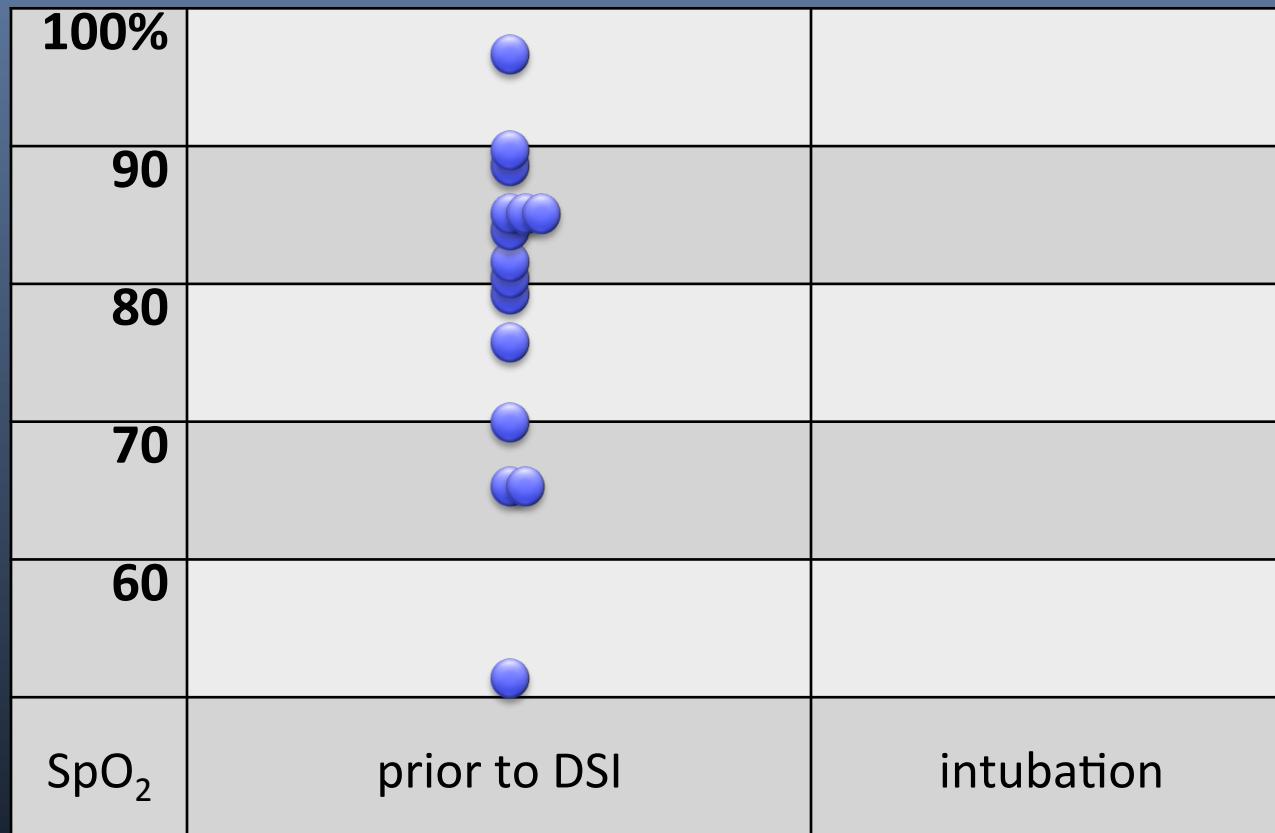
15 hypoxia

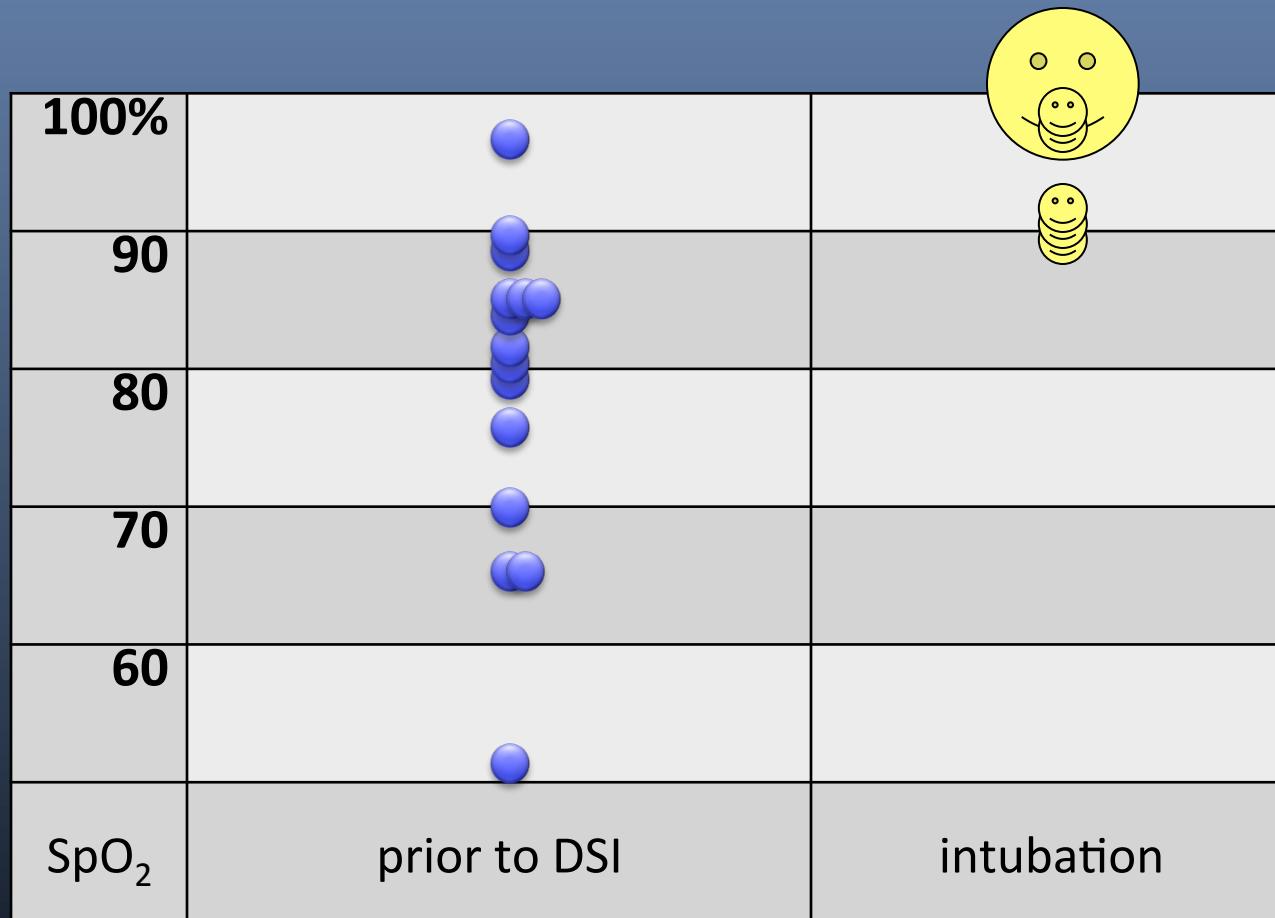
3 respiratory distress

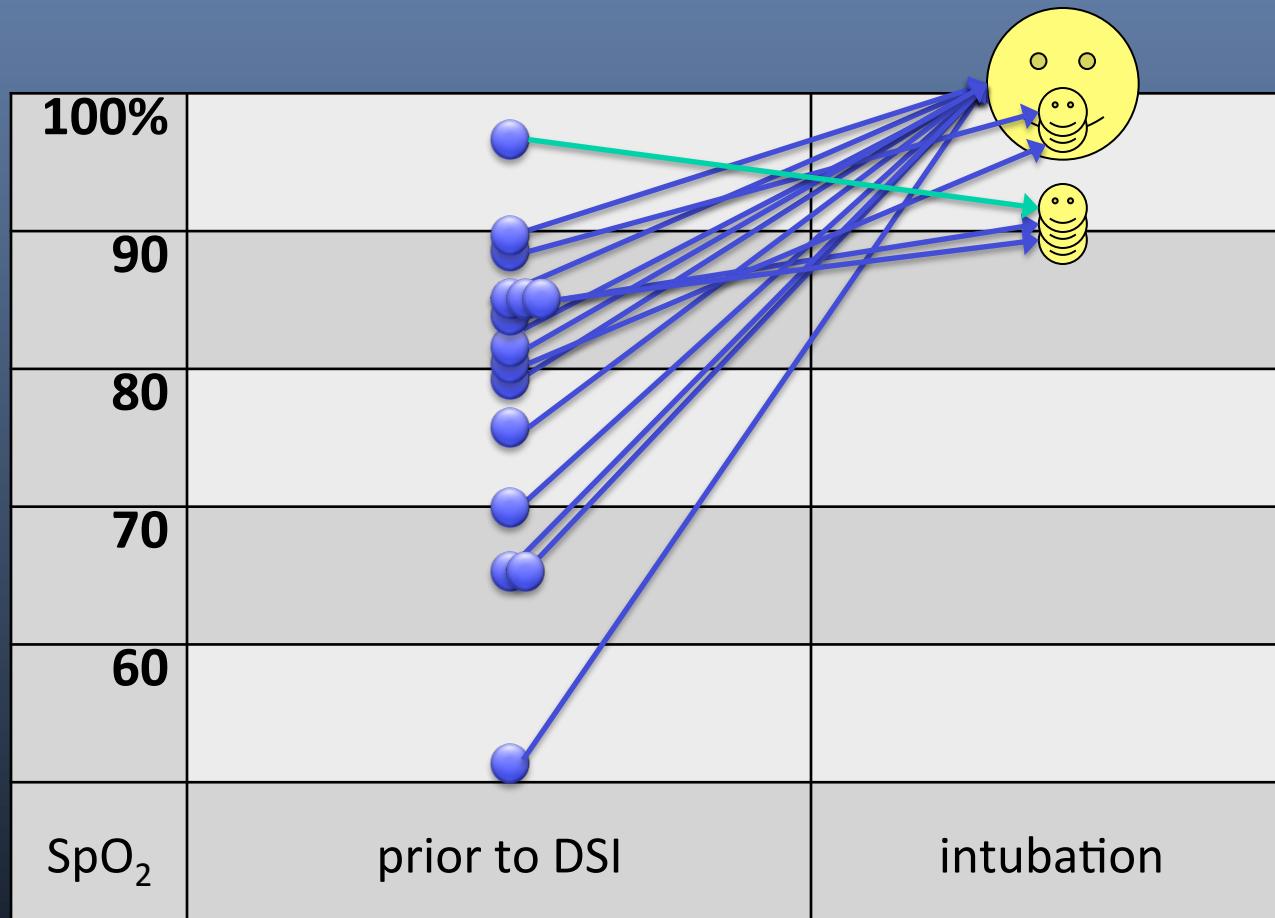
1 NGT for UGIB

how?









ultimate outcomes

5 DC home

1 SNF

2 died in ICU

ultimate outcomes

2 avoided tube

0 vomited

**Scott Weingart
Joe Scofi
Kelly Barsan**

Thank you

51

Scott Weingart EHC
Xun Xhong NUMC
Ted Melnick Yale
Minh Le Cong Cairns
Anton Helman Toronto
Rob Bryant Salt Lake City
Ian Ferguson Sydney
Reuben Strayer MSSM
Thank you

THE WORLD

三

The British Passengers are entreated kind.



audience questions

air hunger

methodology
small case series
no comparison group
self report / bias
few outcomes reported
no long term follow up
low prevalence of bad outcomes

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